





JULY 2009



LUNCH MENU

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Italian Sub Chips & Pickles Dessert & Coffee	2 Swedish Meatballs Noodles & Veg. Dessert & Coffee	3 <i>Senior Center Closed</i> 	4  Independence Day!
5	6 Lasagna Tossed Salad Dessert & Coffee	7 Meatloaf Potato & Veg. Dessert & Coffee	8 Chicken a la King Potato & Veg. Dessert & Coffee	9 Seafood Salad Sand. Chips & Pickles Dessert & Coffee	10 Chef's Salad Plate Dessert & Coffee	11
12	13 Clam Chowder Corn Bread Dessert & Coffee	14 Grilled Cheese Sand. Tomato Soup Dessert & Coffee	15 Hearty Beef Stew Dessert & Coffee	16 Shepherd's Pie Peas or Corn Dessert & Coffee	17 Tuna Casserole Tossed Salad Dessert & Coffee	18
19	20 Kielbasa Sauerkraut Dessert & Coffee	21 Pork Roast Potato & Veg. <i>Birthday Cake</i>	22 Baked Chicken Potato & Veg. Dessert & Coffee	23 Bake Macaroni & Cheese Ham slice Dessert & Coffee	24 Quiche Lettuce & Tomato Dessert & Coffee	25
26	27 BBQ Pork Ribs Potato & Veg. Dessert & Coffee	28 Beef Bourgogne Potato & Veg. Dessert & Coffee	29 Baked Ziti Tossed Salad Dessert & Coffee	30 BLT Potato Salad Dessert & Coffee	31 Chicken Salad Plate Dessert & Coffee	