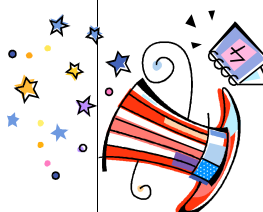


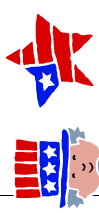





July 2011

DATES TO REMEMBER



Sun	Mon	Tue	Wed	Thu	Fri	Sat
3 	4  Independence Day! Senior Center Closed	5 Sew What? 9:00 Exercise 9:30 GAC Raffle	6 Walk 9:00 & 1:00 T'ai Chi 4:00	7 Exercise 9:30 Fallon Info 10:00	8 Walk 9:00 & 1:00 Silver Needles 1:00	9 Walk 9:00 & 1:00 Silver Needles 1:00
10	11 Walk 9:00 & 1:00 Are You Prepared for the Summer? - 11:00	12 Sew What? 9:00 Exercise 9:30 GAC mtg. 11:00	13 COA mtg. 9:30 Walk 9:00 & 1:00 T'ai Chi 4:00	14 Exercise 9:30	15 Walk 9:00 & 1:00 Silver Needles 1:00	16
17	18 Walk 9:00 & 1:00	19 Exercise 9:30 Sew What? 9:00 Antique Buttons & Net-suke 11:00 Birthday Celebration!	20 Walk 9:00 & 1:00 T'ai Chi 4:00	21 Exercise 9:30 B.P. Clinic 10:30	22 Walk 9:00 & 1:00 Silver Needles 1:00	23
24	25 Walk 9:00 & 1:00	26 Sew What? 9:00 Exercise 9:30 "Pot Class" 1:30	27 Walk 9:00 & 1:00 T'ai Chi 4:00	28 Exercise 9:30	29 Walk 9:00 & 1:00 Silver Needles 1:00	30
31						* Programs Subject to Change 