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JULY 2009
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DATES TO REMEMBER



SUN	MON	TUE	WED	THU	FRI	SAT
			<p><i>1</i></p> <p>COA mtg. 4:00</p> <p>T'ai Chi 4:00</p>	<p><i>2</i></p> <p>Exercise 9:30</p> <p>Line Dancing 1:30</p>	<p><i>3</i></p> <p>Senior Center Closed</p>	<p><i>4</i></p> <p>Happy 4th of July!</p>
<p><i>5</i></p>	<p><i>6</i></p> <p>Sew What? 9:30</p> <p>Walk 9:00 & 1:30</p>	<p><i>7</i></p> <p>Exercise 9:30</p> <p>Golden Age RAFFLE</p>	<p><i>8</i></p> <p>T'ai Chi 4:00</p>	<p><i>9</i></p> <p>Exercise 9:30</p> <p>Line Dancing 1:30</p>	<p><i>10</i></p> <p>Silver Needles 1:00</p>	<p><i>11</i></p>
<p><i>12</i></p>	<p><i>13</i></p> <p>Sew What? 9:30</p> <p>Walk 9:00 & 1:30</p>	<p><i>14</i></p> <p>Exercise 9:30</p> <p>GAC mtg. 11:00</p>	<p><i>15</i></p> <p>T'ai Chi 4:00</p>	<p><i>16</i></p> <p>Exercise 9:30</p> <p>Line Dancing 1:30</p>	<p><i>17</i></p> <p>Silver Needles 1:00</p>	<p><i>18</i></p>
<p><i>19</i></p>	<p><i>20</i></p> <p>Sew What? 9:30</p> <p>Walk 9:00 & 1:30</p>	<p><i>21</i></p> <p>Exercise 9:30</p>	<p><i>22</i></p> <p>T'ai Chi 4:00</p>	<p><i>23</i></p> <p>Exercise 9:30</p> <p>Arthritis - Pain Management 11:00</p> <p>Line Dancing 1:30</p>	<p><i>24</i></p> <p>Silver Needles 1:00</p>	<p><i>25</i></p>
<p><i>26</i></p>	<p><i>27</i></p> <p>Sew What? 9:30</p> <p>Walk 9:00 & 1:30</p>	<p><i>28</i></p> <p>Exercise 9:30</p>	<p><i>29</i></p> <p>T'ai Chi 4:00</p>	<p><i>30</i></p> <p>Exercise 9:30</p> <p>Line Dancing 1:30</p>	<p><i>31</i></p> <p>Silver Needles 1:00</p>	<p>* Programs subject to change</p>