



February 2012

DATES TO REMEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Daily: Lunch - Cards - Games - Wii Bowling!</p>			<p>1 Yoga 8:30 COA mtg. 9:30 T'ai Chi 4:00</p>	<p>2 Exercise 9:30</p>	<p>3 Silver Needles 1:00</p>	<p>4</p>
<p>5</p>	<p>6 <i>GAC Raffle-after lunch</i></p>	<p>7 Sew What 9:00 Exercise 9:30 Line Dancing 1:00</p>	<p>8 <i>Mass Relay 11:00</i> T'ai Chi 4:00</p>	<p>9 Exercise 9:30 SALT mtg. 10:00 at Southbridge Senr Cntr</p>	<p>10 Silver Needles 1:00</p>	<p>11</p>
<p>12</p>	<p>13</p>	<p>14 <i>Valentine Party</i> <i>Neil Diamond!</i> <i>Birthday Cake</i></p>	<p>15 T'ai Chi 4:00</p>	<p>16 Exercise 9:30 <i>B.P. Clinic 10:30</i> <i>Senior Legal Clinic</i> <i>by appt.</i></p>	<p>17 Silver Needles 1:00</p>	<p>18</p>
<p>19</p>	<p>20 <i>Presidents' Day</i> <i>Senior Center</i> <i>Closed</i></p>	<p>21 Sew What 9:00 Exercise 9:30 GAC mtg. 11:00 Line Dancing 1:00</p>	<p>22 Yoga 8:30 T'ai Chi 4:00</p>	<p>23 Exercise 9:30</p>	<p>24 <i>Fallon Info 10:00</i> Silver Needles 1:00</p>	<p>25</p>
<p>26</p>	<p>27 Yoga 8:30 Fit for Life 9:30</p>	<p>28 Sew What 9:00 Exercise 9:30 <i>Fire Safety 10:30</i> Line Dancing 1:00</p>	<p>29 Yoga 8:30 T'ai Chi 4:00</p>			<p>*Programs Subject to Change</p>