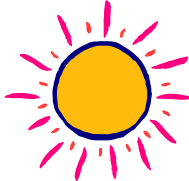



AUGUST 2011

DATES TO REMEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
1 	1 Walk 9 & 1 GAC Raffle-after lunch	2 Sew What 9:00 Exercise 9:30	3 COA mtg. 9:30 Walk 9 & 1 T'ai Chi 4:00	4 Exercise 9:30	5 Walk 9 & 1 Silver Needles 1:00	6 YARD SALE 8:30 - 2:00 <i>sponsored by the Golden Age Club</i>
7	8 Walk 9 & 1	9 Sew What 9:00 Exercise 9:30 GAC mtg. 11:00	10 Walk 9 & 1 T'ai Chi 4:00	11 Exercise 9:30	12 Walk 9 & 1 Rider Tavern Tour - must sign up - Free! Silver Needles 1:00	13
14	15 Walk 9 & 1	16 Sew What 9:00 Exercise 9:30	17 Walk 9 & 1 T'ai Chi 4:00	18 Exercise 9:30 Fallon Info - 10:00 B.P. Clinic 10:30	19 Cookout on the Common" Entertainment! Friends - Food - Fun	20
21	22 Walk 9 & 1	23 Sew What 9:00 Exercise 9:30	24 Walk 9 & 1 T'ai Chi 4:00	25 Exercise 9:30	26 Walk 9 & 1 Silver Needles 1:00 Summer Dance 6:30-9:30 pm *Join the fun!	27
28	29 Walk 9 & 1	30 Sew What 9:00 Exercise 9:30	31 Walk 9 & 1 T'ai Chi 4:00			*Programs Subject to Change 

Fuel Assistance - for those who received a letter
9:30 <-----> 3:30